

You are cordially invite to attend...

# Mood Disorders and Metabolic-Inflammatory Comorbidity: What Does the Clinician Need to Know?



The BCDF is a registered Canadian, non-profit research and education organization, with a primary emphasis on identifying causes and cures of brain-based disorders.

## ABOUT THIS PROGRAM:

Available evidence indicates that individuals with mood disorders are differentially affected by diabetes, obesity and other metabolic-inflammatory conditions. The overlap between metabolic-inflammatory comorbidity and mood disorders has pathogenetic, prognostic, therapeutic and health systems implications. For example, it is posited that alterations in metabolic systems (e.g. cellular bioenergetics), insulin sensitivity, incretin signalling and innate immune inflammatory system are critical to the cost and pathophysiology of mood disorders.

The overarching aim of this learning activity is to provide clinicians with:

1. An update on the clinical overlap of diabetes, obesity and inflammatory disorders in adults with mood disorders with an emphasis on pathogenetic overlap and mechanistic models.
2. An evidence-based update and best practices in management of adults with mood disorders who have diabetes, obesity and/or inflammatory conditions.
3. A detailed review of the role of novel anti-inflammatory and metabolic treatments to improve cognitive function and mood symptom severity in adults with mood disorders.

## FACULTY MEMBERS:



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**For additional information or if you would like to CONFIRM your attendance  
at this program, please email [admin@bcdfoundation.ca](mailto:admin@bcdfoundation.ca)**